

## Adopt-A-Bike Application

*A Non-profit, Non-governmental, 501c(3) Organization*

### RECIPIENT'S INFORMATION

Name \_\_\_\_\_

Age \_\_\_\_\_ Height \_\_\_\_\_

MALE / FEMALE

Parent / Guardian Name *(If under the age of 18)* \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

County \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_  
@ \_\_\_\_\_

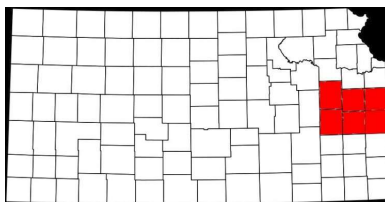
The Adopt-A-Bike Program works on a first-come, first-serve basis and there is no guarantee that all applicants will receive a bicycle. Applications will be kept on file. A General Release Wavier and Hold Harmless Agreement must be signed by all recipients of bicycles (or a parent or guardian, if the recipient is a minor child) before the adoption of a bicycle.

Signature of Recipient  
*(Parent / Guardian if recipient is a minor child)*

Date \_\_\_\_\_

*Detach this page to submit the application*

The Lake Region Adopt-A-Bike Program services six Kansas counties: Anderson, Coffey, Franklin, Linn, Miami and Osage.



We hope that this pamphlet helps to draw attention to the environmental benefits of recycling, as well as the physical and economic benefits of bicycling!



The Lake Region Solid Waste Authority was awarded a Kansas Department of Health and Environment (KDHE) **Solid Waste Grant**, where the grant funding was used to help purchase a cargo storage container for the refurbished bikes (located in Franklin County) and to create program signage and additional promotional materials.



The Lake Region Adopt-A-Bike Program was originally organized in 1999 by the Lake Region Resource Conservation and Development Council.

Through partnering with the Lake Region Solid Waste Authority, Ellsworth and Landing Correctional Facilities, the Adopt-A-Bike Program has donated thousands of bikes to children and adults throughout the Lake Region counties.

[www.lakeregionsolidwaste.org](http://www.lakeregionsolidwaste.org)

[www.lakeregionrcd.org](http://www.lakeregionrcd.org)





**Did you know that most trips that we make in a vehicle are only between a half a mile and two miles?**

### HEALTH

Cycling can better your health and well-being by:

- Improving posture/balance
- Lowering blood pressure
- Increasing energy
- Increasing flexibility and muscle strength
- Lowering stress levels

Physical activity reduces the risk of:

- depression
- heart disease
- obesity
- adult-onset diabetes
- osteoporosis
- high blood pressure

### ENVIRONMENTAL

Bicycles use no fuel, take a lot less energy to make than a car, and don't require toxic batteries or motor oil.

### ECONOMICAL

On average it costs \$6,000-\$8,000 per year to own and operate a motor vehicle, but only \$150 per year for a bicycle.

## **Bike Recycling Benefits**

The Lake Region's Adopt-A-Bike program promotes **Environmental Sustainability** by eliminating bicycle frames, parts, tires and associated scrap metal from ending up in landfills.



It is also a community centered program, as the repurposed bikes are available to be adopted back into our communities and help to promote participation in positive recreational activities.

Behind the scenes, the Adopt-A-Bike program continues to contribute to jobs for the inmates at Ellsworth Correctional Facility, who are working to refurbish the bikes.

## **Program Steps**

1. Broken and unwanted bicycles may be dropped off at designated locations within the Lake Region. (County transfer stations, landfills or recycling centers are standard drop-off locations) \*\*
2. Donated bicycles are transported to Lansing or Ellsworth Correctional Facilities, where salvageable parts are stripped and used to assemble sturdy, functional bikes. The repurposed bikes are then returned to the Lake Region for storage (in Franklin County) while awaiting adoption.
3. Adoption applications are available to the public at multiple locations within the Lake Region. There are many established community organizations and agencies who participate in the program and assist with evaluating the applications. (County transfer stations, recycling centers, conservation district or ECKAN offices are standard application locations) \*\*
4. Once an application is approved, arrangements will be made to pick up or deliver the bike. A General Release Waiver and Hold Harmless Agreement must also be signed prior to accepting the bike.

\*\*Specific locations for bike drop-off and program applications in each county are listed on our website and are typically identified with a designated sign.

[www.lakeregionsolidwaste.org](http://www.lakeregionsolidwaste.org)